



POST OP INSTRUCTIONS FOR A BRIDGE:

Congratulations on your commitment to good Oral Health! Today you were seen to have teeth prepared for a bridge. A temporary bridge was placed to protect your teeth until the permanent bridge can be cemented on to the teeth.

You may experience some soreness around the area for several days due to the work that was done today. The teeth may remain sensitive to hot and cold until the permanent bridge is placed. This does not mean that the teeth will always be sensitive and usually will return to normal a few days after the bridge is placed.

Special care must be taken with the temporary bridge to insure that it remains on the teeth until your next visit. Please refrain from flossing in this area while you have the temporary. Also, please avoid chewing any "sticky" foods or anything extremely hard.

If your bridge does come off the teeth, please call our office as soon as possible so that we may recement the bridge as quickly as possible. If you are out of town, or unable to get to our office you may use denture adhesive to hold the bridge in place until you can get back to our office. (Please check how the bridge goes on first; then attempt to use the adhesive.)

Thank you again for the confidence you have shown in our office by allowing us to provide you with your dental care. With proper care and regularly schedule dental care visits, you should expect your bridge to last you many years

We hope to keep you smiling,

Drs. Rosen, Kurman & Staff